

🌀 Falafel 🌀

Falafel Plate (Vegan & can be gluten free)..... **\$8.00**

Our Falafel are zesty, deep-fried Fava bean fritters. Served five on a plate with warm whole wheat Pita, Hummus, Jerusalem Salad, Tahina and hot sauce (Z'hug or Harif) on the side.

Falafel Salad Plate (Can be vegan or gluten free)..... **\$7.00**

Enjoy one of our prepared salads (see the back of this menu) or a salad of Mixed Greens topped with 3 Falafel and Tahina for a satisfying lunch.

Falafel Pocket (Vegan)..... **\$6.00**

Three zesty Falafel, dropped into a pocket on a bed of Hummus and topped with Jerusalem Salad and Tahina -- hot sauce on the side.

The Woodstock IndePocket **\$6.00**

Named for the staffers at **The Woodstock Independent**, The Woodstock Inde-Pocket includes three Falafel, Hummus, Matboukha (a rich Moroccan salsa) and Feta cheese, all in a Pocket with hot sauce on the side.

Falafel Snack (Vegan)..... **\$5.00**

Five Falafel with Tahina for dipping. Easy if you're "on the go."

🌀 Hummus 🌀

Hummus Plate (Vegan & can be gluten free)..... **\$6.00**

Creamy dip made of chickpeas seasoned with Tahina, garlic, lemon and cumin. Served with Jerusalem salad and warm, whole wheat Pita.

Hummus Snack (Vegan & can be gluten free)..... **\$4.00**

Served with warm, whole wheat Pita. Alternatives: choose Matboukha (Moroccan salsa) or Labneh (yogurt spread) instead. Easy if you're "on the go."

🌀 Sampler Plates 🌀

Salads may vary seasonally. Check our salad specials.

Full Sampler (Can be vegan or gluten free)..... **\$14.00**

Large enough to share, this plate is filled with a healthy serving of each salad in stock and four Falafel. Comes with Z'hug (hot sauce) or Harif (hotter sauce) for the daring! Warm, whole wheat Pita on the side.

Israeli Sampler (Can be vegan or gluten free)..... **\$7.00**

Hummus, Jerusalem Salad, Tabouleh, Red Cabbage Slaw, Ful, Cucumber, and Potato Salad, with warm Pita bread.

Moroccan Sampler (Can be vegan or gluten free)..... **\$7.00**

Moroccan Eggplant, Sweet Peppers, Carrots, Spicy Olives, Beets, Moroccan Sweet Potatoes, with warm Pita bread.

You may request these sauces and condiments with your meal: Z'hug (Yemenite Jalapeno Hot Sauce), Harif (Chili Arbol Hot Sauce), Labneh (Yogurt Spread), Olives & Pickle. Falafel added to any meal are \$1.00 per 2 Falafel

🌀 "Breakfast" Anytime of Day 🌀

All "Breakfasts" served with Olives, Pickle, Labneh, Pita and Z'hug or Harif.

Israeli Breakfast **\$7.00**

Middle Eastern style hard boiled eggs (Hamindas) with cumin, Jerusalem Salad dressed with extra virgin olive oil and lemon, Ful, olives, Labneh (yogurt spread), and warm, whole wheat Pita.

Ful Plate (Can be vegan or gluten free)..... **\$7.00**

A favorite Egyptian street food, Ful is Fava beans richly seasoned with fresh garlic, lemon and cilantro.

Plate includes Ful, Jerusalem Salad, Hummus, hard-boiled egg, olives, Labneh, and warm, whole wheat Pita.

Shakshouka Plate..... **\$6.00**

Two eggs poached in Matboukha (a rich Moroccan salsa). Served with olives, Labneh and whole wheat Pita on a plate. *Additional eggs: \$1.00 each.*

Farmer's (Grateful Pig) Breakfast **\$8.00**

Shakshouka (eggs poached in Matboukha) -- plus sauteed sweet potatoes Moroccan-style, Labneh, pickles, olives and warm, whole wheat Pita.

🌀 Pita Pocket Sandwiches 🌀

Pick Your Own Pocket from salads listed on back or menu -- or try one of our suggestions:

Moroccan Eggplant with Hummus & Cucumber Salad **\$6.00**

Richly spiced eggplant Salad dropped into a pita pocket on a bed of Hummus and topped with creamy Cucumber Salad.

Hummus & Spicy Olives (Vegan)..... **\$6.00**

Spicy, Green Olive Salad and creamy Hummus in a pita pocket.

Sabich..... **\$6.00**

A delectable combination of Moroccan Eggplant, hard boiled egg, Hummus, Jerusalem Salad and pickles.

Ful Pocket (Vegan)..... **\$6.00**

Ful (Fava beans in a savory sauce), in a pocket on a bed of Hummus, then topped with Jerusalem Salad and Tahina.

🌀 Smoothies 🌀

Bugs Bunny Smoothie (Vegan & gluten free)..... **\$4.00**

Our own blend of fresh seasonal fruits and fresh frozen berries, pomegranate juice and carrot.

Traditional Smoothie **\$4.00**

Add Labneh (a thick, creamy yogurt) to the Bugs Bunny Smoothie.

Mocha Smoothie **\$4.00**

Coffee, Kakao (unprocessed cocoa), sugar and milk make up this energizing drink.

Salads

Fatoush Salad (Vegan and can be gluten free)..... \$5.00

A "bread" salad with mixed salad greens, radishes, tomatoes, cucumbers, onions and lots of crispy Pita bread croutons, dressed with extra virgin olive oil, lemon juice, sea salt and a hint of fresh mint. *Optional \$1.00 additions to your Salad meal: one hard-boiled egg or sliced green olives.*

Salad Plate\$5.00

Enjoy a single (1/2 pint) serving of our salad for a quick lunch or to complement your soup. You may choose more than one salad.

All salads are vegan except Cucumber, Potato and Red Cabbage. All salads are gluten free except Tabouleh.

Salad availability may vary seasonally. Check our salad specials.

- Babaganousz (Smoked Eggplant Dip)
- Beet Salad
- Cucumber Salad with Labneh
- Dill Potato Salad
- Ful (Zesty, saucy Fava Beans)
- Hummus (Creamy chickpea dip)
- Jerusalem Salad
- Labneh (Yogurt spread/dip)
- Matboukha (Moroccan Salsa)
- Moroccan Carrot Salad
- Moroccan Eggplant Salad
- Red Cabbage Slaw
- Spicy Green Olive Salad
- Sweet Pepper Salad
- Sweet Potato Salad
- Tabouleh (Cracked wheat salad)

Carry-out Salads \$4.00

Soups

Small (12 oz.) \$4.00 Large (16 oz.) \$5.00

All soups served with warm, whole wheat Pita.

DAILY SOUPS

Red Lentil Soup (Vegan and gluten free)

Veggie Chili (Vegan and gluten free)

PLUS -- SOUP OF THE DAY (Ask us!)

Combo: Small Soup & Salad Plate or 1/2 Pocket for \$7.00

Drinks

Hot Tea (you may request fresh mint)\$1.00

Hot Chocolate (seasonal -- whipped with real milk & sugar).....\$2.00

All Other Drinks (select from Coke cooler)\$1.00

Catering & Specials

*Please see our **Catering / Carry-Out Menu**. We are happy to discuss your event.*

*-- And be sure to check out our **Daily Specials**.*



Specializing in Vegetarian,
All Natural, and
Middle Eastern Foods

HOURS:

Tuesday - Saturday: 11:00 AM - 4 PM

Closed Sunday and Monday

Woodstock Farmers' Market Days: Open at 9 AM

110 S. Johnson St., Woodstock, IL 60098

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